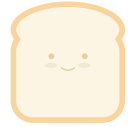


Hi, my name is _____



Day	Date	Check	Feed me!
1	___ / ___	<input type="checkbox"/>	120 gr flour 120 gr water
2	___ / ___	<input type="checkbox"/>	120 gr starter 120 gr flour 120 gr water
3	___ / ___	am <input type="checkbox"/> pm <input type="checkbox"/>	120 gr starter 120 gr flour 120 gr water
4	___ / ___	am <input type="checkbox"/> pm <input type="checkbox"/>	120 gr starter 120 gr flour 120 gr water
5	___ / ___	am <input type="checkbox"/> pm <input type="checkbox"/>	120 gr starter 120 gr flour 120 gr water
6	___ / ___	am <input type="checkbox"/> pm <input type="checkbox"/>	120 gr starter 120 gr flour 120 gr water